

## Why Detox?

Parasite detox is something which most of us in the modern world today need as, due to our dietary and lifestyle habits, most of us would have ingested parasites and / or parasite eggs. Beef, raw fish and chicken, for example, are some common sources of parasites. Pets are also sources of parasites.

**You may not need to get rid of your pet to keep yourself free of parasites. But if you are ill it is best to make the parasite detox with all family members, pets included.**

Further, most of us have compromised immune systems, and we also do not consume enough of foods which would help our bodies to dispose of parasites and other harmful organisms.

**Dr Hulda Clark**, who holds multiple degrees in biology, biophysics and cell physiology, and who is also a naturopathic physician, advocates parasite detox and cleansing as a core part of her cancer-curing protocol.

Every pet living in your home should be cleared of parasites and maintained on a parasite program. Monthly trips to your vet are not sufficient.

Your pet is part of your family and should be kept as sweet and clean and healthy as yourself. This is not difficult to achieve. Here are the recipes:

### Human Parasite Detox

Getting rid of all parasites would be absolutely impossible using clinical medicines that can kill only one or two parasites each. Such medicines also tend to make you quite ill. Imagine taking 10 such drugs to kill a dozen of your parasites! Good news, perhaps, for the drug makers but not for you.

Yet three herbs can rid you of over 100 types of parasites! And without so much as a headache Without nausea! Without any interference with any drug that you are already on! Does this sound too fantastic? Just too good to be true? They are nature's gift to us. The herbs are:

**Black Walnut Hulls** (from the black walnut tree)

**Wormwood** (from the Artemisia shrub)

**Common Cloves** (from the clove tree)

These three herbs must be used **together**. Black walnut hull and wormwood kill adults and developmental stages of at least 100 parasites. Cloves kill the eggs. Only if you use them together will you rid yourself of parasites. If you kill only the adults, the tiny stages and eggs will soon grow into new adults. If you kill only the eggs, the million stages already loose in your body will soon grow into adults and make more eggs. **They must be used together as a single treatment.**

#### What you need:

One product sold is Clarkia. It contains Black Walnut, Cloves and Wormwood. As Clarkia is a tincture, it can be used with enema, and that way it can much better kill parasites hidden inside pockets of the Colon! Also, it is easier to use tincture with kids and with pets.

### **Take 10 drops 3 times a day, diluted in water!**

When you start your treatment, you can start with 3 drops 3 times a day, and then gradually increase the dose. **You can increase the dose up to 10 drops, or, if you feel no negative reactions, you can also continue increasing up to 20 drops.**

**This could be an ideal plan for dosage:**

Day 1: 3 drops 3 times a day.	<b>During the following 9 days you can continue with 10 drops 3 times a day. If you have no</b>
Day 2: 4 drops 3 times a	

<p>day. Day 3: 6 drops 3 times a day. Day 4: 8 drops 3 times a day. day 5: 10 drops 3 times a day.</p>	<p><b>adverse reactions, you can continue increasing the dosage in the following mater:</b> day 6: 12 drops 3 times a day. day 7: 13 drops 3 times a day. day 8: 14 drops 3 times a day. day 9: 15 drops 3 times a day. day10: 16 drops 3 times a day. day11: 17 drops 3 times a day. day12: 18 drops 3 times a day. day13: 19 drops 3 times a day. day14: 20 drops 3 times a day.</p>
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Take a 7 day break after 14 days of treatment of Clarkia, and then repeat the same treatment again.

**Order Clarkia Tincture**

# MAINTENANCE & PREVENTION DOSAGE:

**Take 20 drops of Clarkia Extra Strong once or twice a week.**

## Dosage for Kids and/or for Pets

Children vary dramatically in size and shape. One 5 year old can be very different from another.  
**The most effective and safest way to prescribe doses for children is by weight.**

Simply make a fraction and put the child's weight over 150 pounds (75Kg). Look at the following examples to find out proper dosage.

Child's Weight in pounds	Calculation	Clarkia Dosage	Dosage/Day
10 pounds	$10/150 = 1/15$	1 drop 2-3 times a day	2-3 drops/day
15 pounds	$15/150 = 1/10$	1 drop 3 times a day	3 drops/day
20 pounds	$20/150 = 1/7$	1-2 drops 3 times a day	4 drops/day
30 pounds	$30/150 = 1/5$	2 drops 3 times a day	6 drops/day
50 pounds	$50/150 = 1/3$	3-4 drops 3 times a day	10 drops/day
60 pounds	$60/150 = 2/5$	4 drops 3 times a day	12 drops/day
100 pounds	$100/150 = 2/3$	6-7 drops 3 times a day	20 drops/day
120 pounds	$120/150 = 4/5$	8 drops 3 times a day	24 drops/day

If a child's weight is 30 pounds, the child needs to take 1/5 of the adult dosage. If a child's weight is 50 pounds, the child needs to take 1/3 of the adult dosage. You can use this same formula to prescribe doses for animals. A small dog or cat of 10 pounds would be 1/15 of the adult dose

When you start the treatment, you can begin with 1 drop 3 times a day and then gradually increase the dose.

Child's Weight in Kg	Calculation	Clarkia Dosage	Dosage/Day
5 kg	$5/75 = 1/15$	1 drop 2-3 times a day	2-3 drops/day
8 kg	$8/75 = 1/10$	1 drop 3 times a day	3 drops/day
10 kg	$10/75 = 1/7$	1-2 drops 3 times a day	4 drops/day
15 kg	$15/75 = 1/5$	2 drops 3 times a day	6 drops/day
25 kg	$25/75 = 1/3$	3-4 drops 3 times a day	10 drops/day
30 kg	$30/75 = 2/5$	4 drops 3 times a day	12 drops/day
50 kg	$50/75 = 2/3$	6-7 drops 3 times a day	20 drops/day
60 kg	$60/75 = 4/5$	8 drops 3 times a day	24 drops/day

## Additional notes for Children

By mixing most herbal tonics with pure maple syrup, you can make a herbal tonic more tasty.

## Additional notes for Horses

**Horses are extremely sensitive to Black Walnut! DO NOT GIVE Clarkia tincture to HORSES!**

## Additional notes for pets

Pets are so full of parasites, you must be quite careful not to deparasitize too quickly. The purpose of the parsley water is to keep the kidneys flowing well so dead parasite refuse is eliminated promptly. **Pets get quite fond of their parsley water.** Perhaps they can sense the benefit it brings them. **Do this for a week before starting the Clarkia Tincture.**

**Parsley water:** cook a big bunch of fresh parsley in a quart of water for 3 minutes. Throw away the parsley. After cooling, you may freeze most of it in several 1 cup Containers. This is a month's supply. Put 1 tsp. parsley water on the pet's food. You don't have to watch it go down. Whatever amount is eaten is satisfactory.

**All dosages are based on a 10 pound (5 kilo) cat or dog. Double them for a 20 pound pet, and so forth.**

